



# Views of the Valley - Suggested Hikes Week 8

**Welcome to Views of the Valley**, your number-one weekly hiking suggestion list for your stay in picturesque Mt. Washington Valley. Of course, getting into the mountains is one of the best ways to soak in the beauty of our area. Every week we highlight one waterfall hike, a hike with a view, and a nice gentle hike for new hikers or groups with small children. We also will give you one safety reminder or 'hiker hack' tip for when you're out in the woods.

## Waterfall of the Week

Nancy Cascades



It is a bit of a hike in to reach the beauty of Nancy Cascades, but uncovering this White Mountain treasure is well worth the walk! 2.4 miles (one way) with about 2,200' of elevation gain along the Nancy Pond Trail brings you to this thunderous cascade. The Nancy Pond Trailhead is on Route 302 about five miles west of Bartlett Village.

## View Hunting

Mount Crawford



Mount Crawford, accessed via the Davis Path in Crawford Notch off of NH Route 302, is a mountain that truly deserves having the notch in which it is found named after it. The mountain sports a nearly-bald summit with breathtaking 360 degree views of Crawford Notch and the Presidential-Dry River Wilderness, and is off the beaten path of trails highly frequented in the vicinity. Don't be fooled, even hikers who have put in their hours on the stairmaster will find a good workout on this relentless 2.5 mile climb!

## Mellow Wilderness Stroll

Madison Boulder



If you're looking for a short stroll in the fresh air, and think it might be interesting to set your eyes on the area's largest glacial erratic, look no farther than the Madison Boulder! This geological phenomenon is gigantesque enough to make your jaw drop! Follow the sign for Madison Boulder from Route 113 in Madison (turn onto 113 from Route 16 in Albany, just south of Conway Village).



## Leave a copy of your itinerary with a friend or family member.

People have mishaps in the mountains all the time. For your own safety, it is good practice to leave a copy of your hiking plan with a friend or family (who isn't coming with you on the trip) as well as a time when they should expect you back or expect to hear from you. This will make rescue much easier in the case of emergency.

**Remember, safety first!**

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