



Views of the Valley - Suggested Hikes Week 7

Welcome to Views of the Valley, your number-one weekly hiking suggestion list for your stay in picturesque Mt. Washington Valley. Of course, getting into the mountains is one of the best ways to soak in the beauty of our area. Every week we highlight one waterfall hike, a hike with a view, and a nice gentle hike for new hikers or groups with small children. We also will give you one safety reminder or 'hiker hack' tip for when you're out in the woods.

Mellow Wilderness Stroll

Eagle Mountain



Guests at the Eagle Mountain House will be pleased to see the proximity of this trail! Parking for Eagle Mountain access is just behind the Eagle Mountain House (the upper, dirt lot) off of Carter Notch Road in Jackson. Take the 0.9 mile gradual climb past a vernal pool (look for frogs and salamanders!) and to the summit of this mountain right in the center of Jackson. *Photo: Doublehead Mountain as seen from Eagle Mountain.*

Waterfall of the Week

Champney Falls



Champney Falls is a stunning set of falls (and a very cool gorge!) located 1.8 miles (one-way) up the Champney Falls trail on the Kancamagus Scenic Byway. For a short excursion, hike up to the falls and back, or continue up the trail to Mount Chocorua for a full-day hiking expedition!

View Hunting

North Doublehead



The Doublehead Mountains are a very special place indeed. From the trailhead located off of Dundee Rd in Jackson, one can choose either to ascend the hiking trail or the winter backcountry ski trail to the summit of North Doublehead. Once at the top, hang out next to an old CCC cabin that is available for rent from the Forest Service and check out the one-of-a-kind view of Mount Washington!



When hiking into high elevation, check the higher summits forecast!

One thing that all White Mountain hikers should know is that weather down in town is rarely the same as weather up at elevation. A hot summer day down here can certainly coexist with winter weather on the higher peaks of the White Mountains. For your convenience, the Mount Washington Observatory puts out a 'Higher Summits Forecast' on their website twice a day. If you are

planning to hike into some of the higher reaches of the mountains, it would be wise to check this forecast ahead of time and plan accordingly!

Content produced by Mountain Ponderings, [Find us on Facebook](#)

