



Views of the Valley - Suggested Hikes Week 5

Welcome to Views of the Valley, your number-one weekly hiking suggestion list for your stay in picturesque Mt. Washington Valley. Of course, getting into the mountains is one of the best ways to soak in the beauty of our area. Every week we highlight one waterfall hike, a hike with a view, and a nice gentle hike for new hikers or groups with small children. We also will give you one safety reminder or 'hiker hack' tip for when you're out in the woods.

Waterfall of the Week

Saco River Trail



The Saco River trail is a gentle trail along the headwaters of the Saco River across the street from the Willey House on Route 302. Combine the leisurely stroll along the river (3 miles long one-way, but go as long or as little as you want!) with an educational history lesson at the Willey House for a great day out with the kids! Saco River.

Mellow Wilderness Stroll

Zealand Falls



The hike to reach Zealand Falls is a little farther than for most, but it is a view well earned and easily combined with a larger hike in the White Mountains. From the end of Zealand Road (off Route 302), first hike about two and a half miles to the AMC's Zealand Hut on the Zealand Trail. The falls are then located just below the hut. Be sure to get some baked goods cooked by the Hut Croo to enjoy while admiring the falls!

View Hunting

Mount Willard



Mount Willard is a 3-mile round trip hike from the Crawford Notch Highland Center on Route 302. This hike is sure to impress with unique and stunning views straight down Crawford Notch and the mighty mountains and cliffs that border it and tower above the headwaters of the Saco River.



Always bring a headlamp or flashlight!

Let's face it. Nobody ever plans to get lost. Similarly, nobody ever plans to get hurt. There are many things that can lead to a trip taking much longer than expected, and it is best to always be prepared to be out in the dark. For this reason, always bring a light and remember: smartphone flashlights are not nearly as bright as a headlamp or flashlight and the batteries do not last as long!

Content produced by Mountain Ponderings,
[Find us on Facebook](#)

