



Views of the Valley - Suggested Hikes Week 15

Welcome to Views of the Valley, your number-one weekly hiking suggestion list for your stay in picturesque Mt. Washington Valley. Of course, getting into the mountains is one of the best ways to soak in the beauty of our area. Every week we highlight one waterfall hike, a hike with a view, and a nice gentle hike for new hikers or groups with small children. We also will give you one safety reminder or 'hiker hack' tip for when you're out in the woods.

Mellow Wilderness Stroll Rattle River Trail



The Rattle River Trail is a gentle walk in the woods along the Appalachian Trail. Follow an old logging road looking at wildflowers for 1.7 miles to the AT shelter. There isn't much for views, but this is a nice stroll in which you may encounter Appalachian Trail hikers and you can read their reports in the log book in the shelter! This may be a fun excursion and lesson for the kiddos! To find the trail, follow route 16 north to the junction with route 2 in Gorham. Take a right and proceed about 3.5 miles, the trailhead is on the right-hand side.

Waterfall of the Week Winniweta Falls



Bring along your Tevas, Chacos, or waterproof shoes for this one, because this 1.8 mile round trip to Winniweta Falls includes wading a shallow but wide stream shortly after leaving the trailhead! Parking is a roadside pull-off on the West side of NH Route 16 just north of Jackson. Note: one must hike attentively to find Winniweta Falls following the Jackson X-C trail network. Follow the signs and remember the course you took. Furthermore, listen for the falls, because they are about 100' off trail and there is no sign! Once found, however, enjoy the some of the most beautiful falls the valley has to offer!

View Hunting Mount Webster



3.4 miles along the Webster Cliff Trail (concurrently the Appalachian Trail) climbs steadily up a rugged trail to the top of Mount Webster and Webster Cliffs. This impressive standpoint provides stunning views across the White Mountains and is a great spot to meet Appalachian Trail hikers on their way to Mount Katahdin in Maine. The trailhead is found on Route 302 in Crawford Notch State Park. Willard Cliffs as seen from Mount Webster.

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Duct tape is a great resource to have in the backcountry.

Whether for patching or fixing gear, or covering a cut, it is a good idea to have some along, but it can also be a bulky item to have in your pack, and you seldom will need a whole roll. One trick that experienced hikers will do is wrap duct tape around their Nalgene or other water bottle, which they are planning to have with them anyway! This brings along a great resource in a way that is both space and weight-efficient!

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