

Views of the Valley - 5 Best Hikes of the Week



Off the Beaten Path

Mount Tremont is a win-win of a mountain. Close to North Conway AND absolutely spectacular! Access the Mt Tremont trail from Route 302 west of Bartlett shortly after the Sawyer Rock picnic area (driving from Bartlett). The trail is 2.8 miles one-way and brings you to the summit of Mount Tremont, which boasts spectacular views of Sawyer Pond in the valley below. View from Mount Tremont.



Waterfalls

The cascade at Thompson Falls crashes over an overhanging rock ledge that looks like a gigantic clam 30' wide! Below the falls, the waters churn slowly around in an inviting, although very chilly, swimming pool. Park at Wildcat Mountain & take the Way of the Wildcat Trail to Thompson Falls Trail. The trailhead is right across the bridge to the left of the Wildcat Base Lodge.



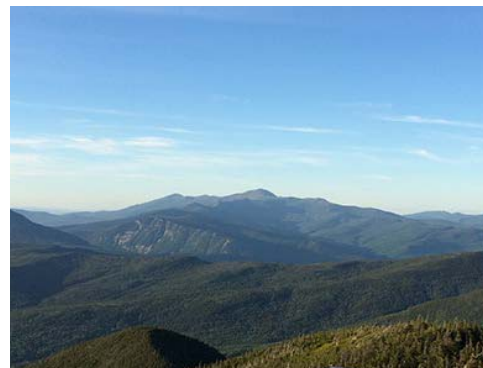
Kid Friendly

The Boulder Loop Trail is a nice 3.1 mile loop trail over a series of ledges starting from next to the Albany Covered Bridge on the Kancamagus Highway. A series of interpretive signs make the hike an educational tool as well! Be careful, on the western side of the loop there are some downed trees from the forest fire that swept through this area last fall. Just be sure to follow the trail! View to the Sandwich Range from Boulder Loop.



Short and Sweet

Mount Stanton
Follow Covered Bridge Lane off of Route 302 in Glen to reach the trailhead for this week's Short and Sweet Hike. In only 1.4 miles (one-way), the Mount Stanton trail brings you to fantastic views of the Saco River, Mount Kearsarge, and Attitash Ski Resort from a very unique perspective unlike any other in the Mount Washington Valley. View from Mount Stanton.



4,000 Footer of the Week

Mount Carrigain
There are few mountains in the National Forest that give you such an expansive 360 degree view from one end of the Forest to the other as Mount Carrigain. See Franconia Ridge to the West, the Sandwich Range to the South, the Presidential Range to the Northeast, North and South Twin to the North, the Carters and the Baldfaces to the East, and everything in between. A ten mile round trip brings you up and along Signal Ridge to the lookout tower atop Mount Carrigain. Access the trail from Sawyer River Road off of Route 302 south of Crawford Notch. View of Southern Presidential Range and Crawford Notch from Mount Carrigain.



Content by:

Mountain Ponderings

Helpful Resources

White Mountain National Forest:

www.fs.usda.gov/whitemountain

NH State Parks:

www.nhstateparks.org

Leave No Trace:

Int.org

Hike Safe:

www.hikesafe.com

MWOBS Higher Summit Forecast

www.mountwashington.org