

Views of the Valley - 5 Best Hikes of the Week



4,000 Footer

Mount Osceola - The climb to Mount Osceola is a 3.8 mile (one-way) strenuous hike over the summit of East Osceola and along the ridge to Osceola. This hike may be a difficult day in the mountains, but the stunning views to the East from its ledge-like summit are well worth the fight. To reach the mountain, park at the Greeley Ponds trailhead on the Kancamagus Scenic Byway, just west of the hairpin turn and take the Greeley Ponds Trail to the Mt Osceola Trail, over East Osceola and to Mount Osceola. Return the way you came. *Panorama view from Mount Osceola.*



Short and Sweet

Dome Rock
Just like Snyder Falls, the hike to Dome Rock starts at the Appalachia Trailhead. Follow Valley Way to the Inlook Trail, enjoying beautiful views up to Dome Rock for a 1.7 mile trip (one way). Dome Rock is a large and symmetrically glaciated ledge. Be careful, as there are some steep ledges and rocky areas on this hike.



Waterfalls

Snyder Brook Waterfalls
From the Appalachia Trailhead in Gorham, it is a small walk to reach this set of three different waterfalls. Follow Valley Way to the Maple Walk Trail to Gordon Fall in 0.3 miles. From Gordon Fall take the Fallsway Trail to Salroc and Tama Falls in 0.6 miles. Return to the parking lot via Valley Way. These are a splendid sets of waterfalls for a remarkably small amount of walking!



Off The Beaten Path

Burnt Meadow Mountain is a 3.6 mile lightly trafficked loop trail located near Brownfield, Maine. To get here, plug 487 Spring Rd (ME Route 160) Brownfield, Maine into your gps or google maps, and follow directions. The Blue trail starts at the very rightmost point of the grassy parking area directly off the road. The trail head sign is just inside the tree line - about 100 ft from the road. The Blue Trail named "North Peak Trail" will split and you have a choice of the "Blue Trail" or the "Yellow Trail (Twin Brooks Trail)". The Blue Trail is the most direct to the summit and most aggressive climbing through woods trails and up rock faces. The Yellow Trail is longer and more gradual ascent to the top. Going up the Blue Trail and down the Yellow Trail will give you an easier descent.



Kid Friendly

Rattle River Trail is a gentle walk in the woods along the Appalachian Trail. Follow an old logging road looking at wildflowers for 1.7 miles to the AT shelter. There isn't much for views, but this is a nice stroll in which you may encounter Appalachian Trail hikers and you can read their reports in the log book in the shelter! This may be a fun excursion and lesson for the kiddos! To find the trail, follow route 16 north to the junction with route 2 in Gorham. Take a right and proceed about 3.5 miles, the trailhead is on the righthand side.

Content produced by:



Helpful Resources

White Mountain National Forest:

www.fs.usda.gov/whitemountain

NH State Parks:

www.nhstateparks.org

Leave No Trace:

Int.org

Hike Safe:

www.hikesafe.com

MWOBS Higher Summit Forecast

www.mountwashington.org

