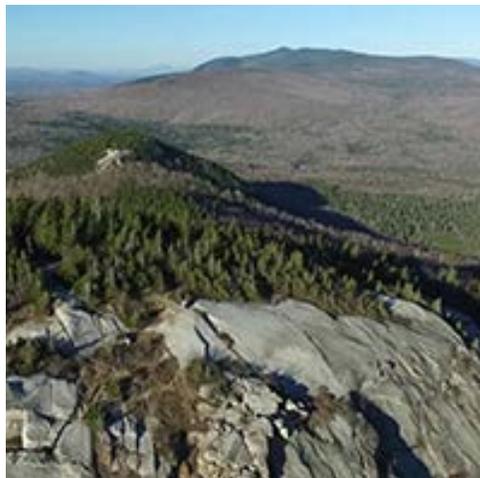


# Views of the Valley - 5 Best Hikes of the Week



## Short and Sweet

**North and Middle Sugarloaf Mountains**  
This week's short and sweet hike is two peaks for the effort of one! Middle Sugarloaf and North Sugarloaf Mountains spur off in a T on the Sugarloaf Trail, which comes from the trailhead at the base of Zealand Road off of Route 302 in Twin Mountain. 0.9 miles brings you to the T, at which point North Sugarloaf is another 0.3 to the summit and Middle Sugarloaf is another 0.5. Do one or the other, or combine them both for a hike still under 3.5 miles!



## Off The Beaten Path

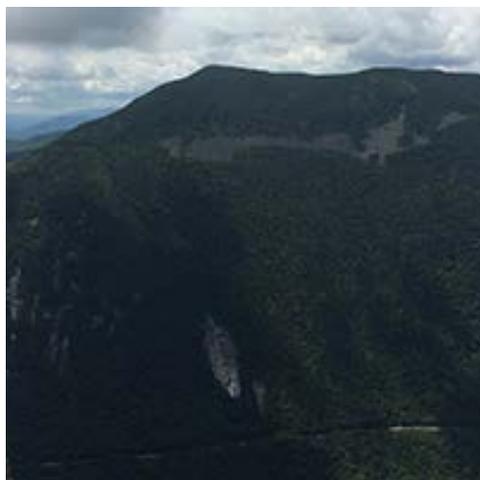
**Mount Parker**  
Choose a clear day for the almost 8 mile round trip to Mount Parker, because the views of the surrounding mountain ranges are nothing short of stunning! 3.9 (one-way) miles up the Mount Langdon and Mount Parker trails (respectively) over Oakes Ridge bring you to the 3004' summit of Mount Parker. Located part way up the underrated Montalban Ridge, Mount Parker is an 'off the beaten path' hike you won't want to miss! View from Mount Parker.



## Waterfalls

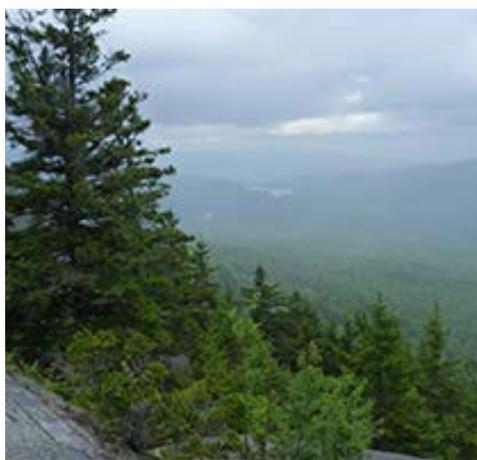
The hike to reach Zealand Falls is a little farther than for most, but it is a view well earned and easily combined with a larger hike in the White Mountains. From the end of Zealand Road (off Route 302), first hike about two and a half miles to the AMC's Zealand Hut on the Zealand Trail. The falls are then located just below the hut. Be sure to get some baked goods cooked by the Hut Croo to enjoy while admiring the falls!

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## 4,000 Footer

At 4,255 feet, Mount Willey is not among the tallest of the 4,000 footers, but do not let its height fool you; the hike to Willey is quite a feat of uphill determination. From the Willey House on Route 302 (take some time to check out the history of the Willey Family before or after your hike; it's a very interesting story!) take the Kedron Flume Trail to its intersection with Ethan Pond Trail. Take a right, and then right again at the next intersection to gain Mount Willey via the steep Willey Range Trail. From the summit, return the way you came (5.4 miles round trip). Mount Willey as seen from Mount Webster.



## Kid Friendly

Pine Mountain has been described as the 'best view for the least effort' in the White Mountains. This quick gratification makes it perfect for instilling in children the beauty of hiking and earns it the designation as this week's 'kid friendly' hike. From the trailhead on Pine Mountain Road, which stems off of Pinkham B (Dolly Copp) Road (off of Route 16 in Gorham), follow the Ledge Trail just six tenths of a mile to its impressive summit! Enjoy a picnic (carry in, carry out!) and take a nice walk back to the car after enjoying the views from this small but stunning mountain peak.



## Helpful Resources

**White Mountain National Forest:**

[www.fs.usda.gov/whitemountain](http://www.fs.usda.gov/whitemountain)

**NH State Parks:**

[www.nhstateparks.org](http://www.nhstateparks.org)

**Leave No Trace:**

[lnt.org](http://www.lnt.org)

**Hike Safe:**

[www.hikesafe.com](http://www.hikesafe.com)

**MWOBS Higher Summit Forecast**

[www.mountwashington.org](http://www.mountwashington.org)

